



FAIR LAWN ALL-SPORTS BASEBALL/SOFTBALL COACHING CERTIFICATION CLASS & CLINIC

SUNDAY, MARCH 14, 2010 -- 9 a.m. to 12 noon
MEMORIAL MIDDLE SCHOOL -- AUDITORIUM & GYMNASIUM

To: PARENTS & COACHES

From: FAIR LAWN ALL-SPORTS BASEBALL & SOFTBALL PROGRAM DIRECTORS

The Fair Lawn All-Sports Association (“FLAS”) is required by the Borough of Fair Lawn to have all of its volunteer coaches attend a FLAS certification class on an annual basis. These classes are offered a few times throughout the year to support all of our youth programs and to allow for flexibility for our parental community. As is the case for our spring 2010 session, which will begin in the Memorial Middle School auditorium at 9 a.m. on Sunday, March 14th, these sessions are scheduled and announced well in advance to ensure attendance by all of our baseball and softball coaches.

Certification consists of 2 components:

- 1) medical / first aid treatment and procedures; and
- 2) coaching youth athletics, techniques, and skills

Registration / check-in for this year’s spring certification class will be from 8:30 to 9:00 a.m. on March 14th. The medical portion of the program will begin promptly at 9:00 a.m., followed by a discussion on techniques of coaching children in youth programs.

This year’s certification class will also include age-specific baseball/softball “stations,” covering the fundamentals of hitting, pitching, and coaching appropriate for specific age groups. While many youth coaches may feel that they have little need for additional insight, most experienced coaches will tell you that they have become students of the game by always craving knowledge and techniques.

REMEMBER...that the goal is to spread the knowledge to our youth and make their experience a happy and safe one. We want to share some empowering baseball knowledge with you and develop some consistent and basic fundamental skills for coaches at all levels. ***This portion of certification is mandatory for all baseball and softball coaches***, regardless of attendance at other certification classes within the past 12 months.

“Players play the game, parents are there to support them through good and bad experiences, and coaches coach.”